

**Lindsays National Short Course Cross Country
Championships**

**Kirkcaldy High School
Kirkcaldy
Saturday 2nd November 2024**

<u>Race</u>	<u>Start</u>	<u>Dist.</u>
Under 15 Girls	1200	2000m
Under 15 Boys	1220	2000m
Under 17 Women	1240	3000m
Under 17 Men	1305	3000m
Senior / Junior / Master Women	1330	4000m
Senior / Junior / Master Men	1400	4000m

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



COMPETITION INFORMATION SHEET

Event: Lindsays **scottishathletics** Short Course Cross Country Championships
(Incorporating Masters Championships)
Venue: Kirkcaldy High School, Dunnikier Way, Kirkcaldy, KY1 3LR
Registration: Kirkcaldy High School, Dunnikier Way, Kirkcaldy, KY1 3LR
Date: Saturday 2nd November 2024

Race	Age Group	BORN DURING	Declarations Close	Race Starts	Distance (Approx)
Under 15 Girls	U15	01/09/2009 to 31/08/2011	1130hrs	1200hrs	2000m
Under 15 Boys	U15	01/09/2009 to 31/08/2011	1150hrs	1220hrs	2000m
Under 17 Women	U17	01/09/2007 to 31/08/2009	1210hrs	1240hrs	3000m
Under 17 Men	U17	01/09/2007 to 31/08/2009	1235hrs	1305hrs	3000m
Senior Women	BORN BEFORE	31/08/2004			
Master Women W40/W50/W60+	Age On Day		1300hrs	1330hrs	4000m
U20 Women	01/09/2004 to	31/08/2007			
Senior Men	BORN BEFORE	31/08/2004			
Master Men M40/M50/M60+	Age on Day		1330hrs	1400hrs	4000m
U20 Men	01/09/2004 to	31/08/2007			
inc Non Binary Athletes					

Entries Close **5pm Thursday 17th October 2024**

NO LATE ENTRIES

Email Enquiries: events@scottishathletics.org.uk

Bank Details: RBS, Sort Code: 83-19-04 Acc No 00667222

Important Notes

(1) Location map and additional information will be shown on the scottishathletics website - www.scottishathletics.org.uk

(2) Team scoring for Senior Races is 4 for Men and 4 for Women. Young athlete races 3 for all races.

(3) U20 and Masters athletes are eligible for individual and team medals in the Senior race as well as individual medals in their age category. Masters medals available in all 10year age bands

(4) All entered athletes must be members of scottishathletics at the time of the closing date and be in date on race day. Athletes with an out of date membership cannot be added after the closing date.

(5) An entered athlete **MUST** not be substituted by a non-entered athlete at any time.

Non observance of the above leaves the whole field and the officials uninsured in the event of an accident; leaves the athlete at a health risk in the case of a wrong identification of the athlete; and makes the results invalid as an historic record.

(6) Students in full-time education in Scotland may compete as 1st claim for both their educational establishment and another Scottish club but not in the same competition. This is provided that the educational establishment Club is confined to students of that establishment. Thus a student may be entered for two clubs but has to choose one at declaration.

(7) By entering all athletes agree that photographs and/or video footage may be taken and used for PR/Marketing purposes.

(8) Club entries must ensure that entrants are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part (and will not run if unfit to do so on the day).

(9) Any athlete with Additional Support Needs should contact scottishathletics for an athlete assistance form.



Lindsays National Short Course Cross Country Championships
Kirkcaldy High School, Dunnikier Way, Kirkcaldy, KY1 3LR
Saturday 2nd November 2024

PARKING

Parking within the school premises will be restricted to officials only. Coaches/team buses may drop off at the school grounds, then park within the Crematorium Car Park indicated on the course map. All other general vehicles must park at the NHS Car Park off Whyteman's Brae. Please park responsibly.

Vehicles with tents and gazebos will be allowed to park in the car park beside the football pitches with a parking pass. Clubs who wish to park there can apply for a Car Park Permit by emailing events@scottishathletics.org.uk, before 12noon on Thursday 31st October. Permits are strictly 1 per club and are only for cars with tents or gazebos. Cars using this car park must be parked before 1100hrs. NO buses should park nor drop off in this car park.

DECLARATIONS

Declarations will take place outside within gazebos on the grass by the fence line. Declarations will be open from 09:30, where team managers will pick up number packs. Chips will be attached to the back of the race number.

Under 20 athletes will be given a yellow bib number for their front and an Age Banding (20) number for their back.

Masters Athletes will be given a bib number for their front and an Age Banding (40, 50, 60 etc) for their back.

CHIPS

Results are by chip timing. If an athlete doesn't have a chip on their bib they won't be in the results. **NO CHIP = NO RESULT.**

Chips will be attached to the race number, therefore there is no requirement to return this at the end of the race.

There is a separate envelope for each athlete containing race number with chip, and safety pins. Numbers should be securely fastened to the front of the vest and not modified in any way. **Team Managers should collect only the envelopes for athletes who are competing and return any unused numbers to declarations.**

FACILITIES

Changing: There will be NO changing nor shower facilities available within Kirkcaldy High School. Please arrive ready to run.

Toilets: There are toilet facilities available within Kirkcaldy High School.

Catering: Available from a catering van near the Astro pitch.

Please remember to dispose of all litter correctly.

PRESENTATIONS

Individual presentations will take place immediately after each race at the course. Masters medals will be presented in 10-year age bands.

Team presentations will take place on the course as they are available.

In all 6 races, teams are 3 to score with the exception of the Senior/Junior Men and Women which is 4 to score.

If you or your team win a medal, please remember to collect it before you leave!



National Cross Country Short Course Championships – Kirkcaldy 2/11/2024

SCOTTISH ATHLETICS OFFICE BEARERS

Hon President	Rt. Hon. Jack McConnell
President	John Rodger
Chairman	David Ovens
Chief Executive	Colin Hutchison

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener	Michael Johnston (Cambuslang H.)
Hon Secretary	Sandra Hardacre (Livingston AC)

RACE OFFICIALS

Referee	Gary Wood
Assistant Referees	Megan Wright, Dave Cairns
Clerk of Course	Gary Barker
Chief Marshal	Frank McLaren
Officials Report	Sharon Taylor
Line Judge	Jackie Stewart
Finish Area Control	Andy Law, Margaret Ann McLachlan, Grant Wooler Elaine Mackay
Starters	David Hughes Brian Burgess
Timekeeping	Alan Carruthers, Ian Docherty, Peter Ramsay
Time Recording	Douglas Carruthers, Michael <u>Clelland</u>, Margaret Daly
Declarations	Isobel Martin (Chief) Alan Potts, John Purcell
Place Recording	Ian Mann, Carol Rose, Linden Nicholson, Trish Johnston
Results	Perfect Timing, Adrian Stott, Peter Jennings
Announcers	John Mackay (Course) Leslie Roy (Presentations)
Press Officer	Peter Jardine, Morven Bruce
Course Stewards	Members of Fife AC, Jim Dunston, Duncan Ball, Ann Malcolm
Presentations	Sandra Hardacre, Janice Hendrie Michael Johnston
Medical Services	Amvale Scotland
Scottish Athletics	Alasdhair Love, Caitlin Watt, Sophie Allan
Convener	Alex Jackson
Assistant Convenor	Sharon Taylor

Lindsays National Short Course Cross Country Championships

Entry Lists

No.	Name	Club	No.	Name	Club
27	Olivia Dinnes	Aberdeen AAC	1	Freya Brown	Lasswade AC
28	Sophie Imlach	Aberdeen AAC	2	Beth McWilliam	Lasswade AC
29	Tia Raffan	Aberdeen AAC	3	Emma Thomson	Lasswade AC
30	Hollie Steele	Aberdeen AAC	4	Cerys Wright	Lasswade AC
31	Emily Taylor	Aberdeen AAC	5	Molly Baxter	Law & District AAC
32	Willow Challis	Ayr Seaforth AC	6	Eilidh Boyle	Law & District AAC
33	Alana McDonald	Banchory Stonehaven AC	7	Sarah Chambers	Law & District AAC
34	Cassie Stewart	Banchory Stonehaven AC	8	Olivia Inglis	Law & District AAC
35	Eilidh Connor	Central AC	9	Lucy Taylor	Law & District AAC
36	Emily Stanford	Central AC	10	Freya Togneri	Law & District AAC
37	Ella Tanner	Central AC	11	Airlie Oakley	Livingston AC
38	Emily Watkin	Central AC	12	Olivia Kinnear	Motherwell AC
39	Lily Duncan	Clydesdale Harriers	13	Emma Squires	Perth Straththay Harriers
40	Eilidh Haggerty	Clydesdale Harriers	14	Millie Ovens	Pitreavie AAC
41	Isla Arnott	Corstorphine AAC	15	Niamh Wilson	Springburn Harriers
42	Leila Barton	Corstorphine AAC	16	Lucia Connell	Strathearn Harriers
43	Alice Craigie	Corstorphine AAC	17	Ava Rose Curtis	Team East Lothian
44	Hannah Dill	Corstorphine AAC	18	Heidi Nicholson	Team East Lothian
45	Belle Logan	Corstorphine AAC	19	Imogen Turner	Team East Lothian
46	Eloise Simpson	Corstorphine AAC	20	Erin Burnett	VP-Glasgow AC
47	GRACIE CONROY	Dundee Hawkhill Harriers	21	Sophie Friel	VP-Glasgow AC
48	Evie Hodgson	Dundee Hawkhill Harriers	22	ISLA KIELTY	VP-Glasgow AC
49	Fearne Jarrett	Dundee Hawkhill Harriers	23	Zara King	VP-Glasgow AC
50	Harriet Reid	Dundee Hawkhill Harriers	24	Anna Lutsenko	VP-Glasgow AC
51	Anna Small	Dundee Hawkhill Harriers	25	Freya Matheson	VP-Glasgow AC
52	Lily Pritchard	Dunfermline Track and Field AC	26	Mimi Taylor	VP-Glasgow AC
53	Ellie Burke	East Kilbride AC	80	Rachel Caves	Harmeny AC
54	Skye Christie	East Kilbride AC	81	Amber Cunningham	Harmeny AC
55	Isla Duncan	Edinburgh AC	82	Francesca Earl	Harmeny AC
56	Poppy Lee	Edinburgh AC	83	Alexa Holden	Harmeny AC
57	Juno Neal	Edinburgh AC	84	Aysa Kealy	Harmeny AC
58	Venus Tarsia	Edinburgh AC	85	Ivy Loudon	Harmeny AC
59	Juno Taylor	Edinburgh AC	86	Ruby McClay	Harmeny AC
60	Emily Christie	Falkirk Victoria Harriers	87	Amelie McKay	Harmeny AC
61	Ruth Donaldson	Falkirk Victoria Harriers	88	Kate Riches	Harmeny AC
62	Aine McAtarsney	Falkirk Victoria Harriers	89	Zoe McPherson	Helensburgh AAC
63	Hannah McMeechan	Falkirk Victoria Harriers	90	Grace Barry	Inverclyde AC
64	Isla Philp	Falkirk Victoria Harriers	91	Molly Farish	Inverclyde AC
65	Skye Robertson	Falkirk Victoria Harriers	92	Olivia Lyne	Inverclyde AC
66	Kacie Brown	Gala Harriers	93	Cara McDougall	Inverclyde AC
67	Imogen Hammond	Garscube Harriers	94	Amber McIlroy	Inverclyde AC
68	Talia Padmanabhan	Garscube Harriers	95	Nuala Munro	Inverclyde AC
69	Sylvie Long	George Heriots School XC Club	96	Lucy Neilson	Inverclyde AC
70	Beth Adams	Giffnock North AC	97	Pearl Paterson	Inverclyde AC
71	Eilidh Caldwell	Giffnock North AC	98	Ella Carden	Kilbarchan AAC
72	Eve Cameron	Giffnock North AC	99	Daisy De Lange	Kilbarchan AAC
73	Anna Hill	Giffnock North AC	100	Amelie Kerr	Kilbarchan AAC
74	Megan Jackson	Giffnock North AC			
75	Holly Simpson	Giffnock North AC			
76	Lucy Tonner	Giffnock North AC			
77	Eve Wilkinson	Giffnock North AC			
78	Isabella Wilson	Giffnock North AC			
79	Nicole Yates	Giffnock North AC			

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Entry Lists

No.	Name	Club	No.	Name	Club
36	Sam Brooks	Aberdeen AAC	1	James Andrew	Giffnock North AC
37	Harry Chalmers	Aberdeen AAC	2	Max Deery	Giffnock North AC
38	Alex Hendry	Aberdeen AAC	3	Kian Dick	Giffnock North AC
39	Alex Henthorn	Aberdeen AAC	4	Gibson Guibal	Giffnock North AC
40	Alex Imlach	Aberdeen AAC	5	Finlay Laskey	Giffnock North AC
41	Struan McKay	Aberdeen AAC	6	Donald MacInnes	Giffnock North AC
42	Jacob Mutch	Aberdeen AAC	7	Connor McCallum	Giffnock North AC
43	Liam Reid	Aberdeen AAC	8	Patrick McGovern	Giffnock North AC
44	Shae McGovern	Airdrie Harriers	9	Joseph Mowat	Giffnock North AC
45	Riley Fulton	Ayr Seaforth AC	10	Cameron Nugent	Giffnock North AC
46	Rory Barclay	Cambuslang Harriers	11	Rory Beattie	Harmeny AC
47	Oliver Lievonen	Cambuslang Harriers	12	Austin Denny	Harmeny AC
48	Gavin Rodger	Central AC	13	Harry Howl	Harmeny AC
49	Cameron Tanner	Central AC	14	Josh Lee	Harmeny AC
50	Tymek Chmielowski	Corstorphine AAC	15	Jacob Marshall	Harmeny AC
51	Teo McNally	Corstorphine AAC	16	Angus Mitchell	Harmeny AC
52	Fraser Shaw	Corstorphine AAC	17	Elliot Quesnell	Harmeny AC
53	Frank Brown	Dunbar AC	18	William Heasman	Helensburgh AAC
54	Alexander Christie	Dundee Hawkhill Harriers	19	Charlie Lyne	Inverclyde AC
55	Harry Robinson	Dundee Hawkhill Harriers	20	Finlay Mitchell	Kilbarchan AAC
56	Neil Arthur	East Kilbride AC	21	Jamie Walker	Kilmarnock H&AC
57	Brian Heslop	East Kilbride AC	22	Josh Cooper	Lasswade AC
58	Rory Bryce	Edinburgh AC	23	Finlay Troup	Lasswade AC
59	Murray Kirkhope	Edinburgh AC	24	Blair Beverley	Law & District AAC
60	Reuben Lees	Edinburgh AC	25	Cameron Chambers	Law & District AAC
61	Andrew Leighton	Edinburgh AC	26	Jamie Mackie	Law & District AAC
62	Lukas Sonnevile	Edinburgh AC	27	Finlay Sharp	Livingston AC
63	Hamish Gillies	Falkirk Victoria Harriers	28	Ben Raistrick	Metro Aberdeen RC
64	Harrison MacMillan	Falkirk Victoria Harriers	29	Ruairidh Hood	Perth Strathtay Harriers
65	Rory MacMillan	Falkirk Victoria Harriers	30	Finn Smith	Springburn Harriers
66	Thomas Mitchell	Falkirk Victoria Harriers	31	Frank Orsi	Team East Lothian
67	Luke Sedman	Falkirk Victoria Harriers	32	Dane Smith	Teviotdale Harriers
68	Ben Upfold	Falkirk Victoria Harriers	33	Alfie Walker	Teviotdale Harriers
69	Gregor Adamson	Gala Harriers	34	McLaren Welsh	Teviotdale Harriers
70	Charlie Dalglish	Gala Harriers	35	Rhuairidh Laing	VP-Glasgow AC
71	Seb Darlow	Gala Harriers			
72	Bryn McAree	Gala Harriers			
73	Connor Birnie	Garscube Harriers			
74	Joe Butler	Garscube Harriers			
75	Connor Campbell	Garscube Harriers			
76	Jamie Little	Garscube Harriers			
77	Archie Loch	Garscube Harriers			
78	Elliott Tyler	Garscube Harriers			
79	Jack Gerardot	George Heriots School XC Club			
80	James Noake	George Heriots School XC Club			
81	Tim Rose	George Heriots School XC Club			

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Entry Lists

No.	Name	Club	No.	Name	Club
1	Freya Campbell	Giffnock North AC	9	Georgia Bruce	Harmeny AC
2	Amy Gallagher	Giffnock North AC	10	Leah Buchan	Harmeny AC
3	Rachael Niamh Hill	Giffnock North AC	11	Nancy Corrie	Harmeny AC
4	Emily Langdon	Giffnock North AC	12	Skye Marshall	Harmeny AC
5	Sarah McNulty	Giffnock North AC	13	Zoe McNair	Harmeny AC
6	Isla Munro	Giffnock North AC	14	Jemma Murray	Harmeny AC
7	Erin Reilly	Giffnock North AC	15	Halszka Musialowicz	Harmeny AC
8	Scarlett Wilson	Giffnock North AC	16	Natsai Nyabadza	Harmeny AC
38	Hania Czebreszuk	Aberdeen AAC	17	Emilie Paul	Harmeny AC
39	Isla Kennedy	Aberdeen AAC	18	Poppy Bowers	Kilbarchan AAC
40	Sarah McAllister	Aberdeen AAC	19	Zara Redmond	Kilbarchan AAC
41	Jessica Needs	Aberdeen AAC	20	Amelie Adam	Kilmarnock H&AC
42	Sarah Taylor	Aberdeen AAC	21	Charlotte Gebbie	Kilmarnock H&AC
43	Millie Gairn	Airdrie Harriers	22	Eve Starritt	Kilmarnock H&AC
44	Eihlinn Gillespie	Airdrie Harriers	23	Bethan Kitchin	Lasswade AC
45	Lexie Speirs	Bellahouston Harriers	24	Hope Hinchcliffe	Livingston AC
46	Kayla Crawford	Central AC	25	Heather Sutherland	Livingston AC
47	Niamh McKinlay	Central AC	26	Ava Mooney	Moorfoot Runners
48	Fia Watkin	Central AC	27	Mairi Gatherer	Perth Strathtay Harriers
49	Alice Mourao	Corstorphine AAC	28	Eilidh Hearn	Perth Strathtay Harriers
50	Jemma Macleod	Cumbernauld AAC	29	Maisey Meade	Pitreavie AAC
51	Jessica Evans	Dunfermline Track and Fie	30	Mirabelle Meade	Pitreavie AAC
52	Olivia Baxter	East Kilbride AC	31	Kate Monaghan	Shettleston Harriers
53	Carrie Charters	East Kilbride AC	32	Katie Woods	Shettleston Harriers
54	Matilda Frew	East Kilbride AC	33	Skye Smith	Springburn Harriers
55	Eva Morrison	East Kilbride AC	34	Abbie Stewart	Stornoway Running & AC
56	Kate MacPhail	Edinburgh AC	35	Jessica Smith	Teviotdale Harriers
57	Elsa McGregor	Edinburgh AC	36	Lucy Bonham	VP-Glasgow AC
58	Megan McKay	Edinburgh AC	37	Anna Clark	VP-Glasgow AC
59	Jessica Taylor	Edinburgh AC			
60	Anna Thorogood	Edinburgh AC			
61	Hanna Brindley	Falkirk Victoria Harriers			
62	Lara Crawford	Falkirk Victoria Harriers			
63	Chloe Davies	Falkirk Victoria Harriers			
64	Eve Donaldson	Falkirk Victoria Harriers			
65	Lucie Gibson	Falkirk Victoria Harriers			
66	Corri MCGougan	Falkirk Victoria Harriers			
67	Isabella Ogg	Falkirk Victoria Harriers			
68	Fiona Rue	Falkirk Victoria Harriers			
69	Eliza Konig	Fife AC			
70	Nellie Luxford	Fife AC			
71	Jaidyn Brown	Gala Harriers			
72	Elise Field	Gala Harriers			
73	Poppy Lunn	Gala Harriers			
74	Kirsty Rankine	Gala Harriers			
75	Ava Richardson	Gala Harriers			
76	Sophie Gibbons	Garscube Harriers			
77	Alice Henderson	Garscube Harriers			
78	Jennifer MacMahon	Garscube Harriers			
79	Nina Padmanabhan	Garscube Harriers			



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No.	Name	Club	No.	Name	Club
1	Matthew Hill	Giffnock North AC	14	James McPherson	Helensburgh AAC
2	Alasdair Maclean	Giffnock North AC	15	Rhys Knights	Kilbarchan AAC
3	Aaron Reid	Giffnock North AC	16	Oscar Linton	Kilbarchan AAC
4	Matthew Shaw	Giffnock North AC	17	Ian MacPherson	Kilbarchan AAC
5	Dair Alexander	Harmeny AC	18	Billy McKie	Kilbarchan AAC
6	Sam Beattie	Harmeny AC	19	Rory McKie	Kilbarchan AAC
7	Kieran Hardie	Harmeny AC	20	Fraser McKillop	Kilbarchan AAC
8	Matthew Holden	Harmeny AC	21	Ruaridh Miller	Kilbarchan AAC
9	Ollie Howl	Harmeny AC	22	Joshua Mungin	Kilbarchan AAC
10	Daniel McIntyre	Harmeny AC	23	Andrew Shorts	Kilbarchan AAC
11	Ewan Mitchell	Harmeny AC	24	Lewis Stevenson	Kilbarchan AAC
12	Fergus Ross	Harmeny AC	25	Alistair Street	Kilbarchan AAC
13	James Wotherspoon	Harmeny AC	26	Gregor Samson	Kilmarnock H&AC
48	Kyle Gibson	Aberdeen AAC	27	Jamie Work	Kilmarnock H&AC
49	James Horne	Aberdeen AAC	28	Elliot Cameron	Lasswade AC
50	Nathan Lawson	Aberdeen AAC	29	Charlie Copp	Lasswade AC
51	Finlay Rae	Aberdeen AAC	30	Jake Page	Lasswade AC
52	Callum Vargesson	Aberdeen AAC	31	Laurence Ward	Lasswade AC
53	Alistair Munro	Bellahouston Harriers	32	Matthew MacIver	Livingston AC
54	John Frood	Cambuslang Harriers	33	Danny Fletcher	Lothian RC
55	Daibhidh Kinnaird	Cambuslang Harriers	34	Andrew Baird	Ross County AC
56	Angus O'Neil	Cambuslang Harriers	35	Kaeden Thomas	Ross County AC
57	Euan Reid	Cambuslang Harriers	36	Lachlan Thomas	Ross County AC
58	Lewis Harrison	Corstorphine AAC	37	Matthew Fox	Shettleston Harriers
59	Lucas Key	Corstorphine AAC	38	Angus Fraser-Moodie	Springburn Harriers
60	Andrew Low	Dundee Hawkhill Harriers	39	Andrew Grant	Strathearn Harriers
61	Ben Baillie	East Kilbride AC	40	Thomas Gornall	Team East Lothian
62	Dylan Edwards	East Kilbride AC	41	Fraser Lupton	Team East Lothian
63	Alan Robert Leitch	East Kilbride AC	42	Luke Mercer	Team East Lothian
64	Angus Wilkinson	East Kilbride AC	43	Joe Smith	Team East Lothian
65	Alexander Clayton	Edinburgh AC	44	James Clark	VP-Glasgow AC
66	Dylan Daunt	Edinburgh AC	45	Gerard Gontor	VP-Glasgow AC
67	Josh Daunt	Edinburgh AC	46	Jamie Turner	VP-Glasgow AC
68	Jamie Duncan	Edinburgh AC	47	Adam Watts	VP-Glasgow AC
69	Henry Hoffmann	Edinburgh AC			
70	Luke Culliton	Falkirk Victoria Harriers			
71	Callum Hendry	Falkirk Victoria Harriers			
72	Hamish Hunter	Falkirk Victoria Harriers			
73	Cahal McAtarsney	Falkirk Victoria Harriers			
74	Ray Taylor	Falkirk Victoria Harriers			
75	Cooper Yuile	Falkirk Victoria Harriers			
76	Matthew Fisher	Fife AC			
77	Marcas Macfarlane	Fife AC			
78	Archie Dalgliesh	Gala Harriers			
79	Oliver Hastie	Gala Harriers			
80	Sam Robertson	Gala Harriers			
81	James Alexander	Garscube Harriers			
82	Michael Stuart	Garscube Harriers			
83	Kyle Thomson	Garscube Harriers			
84	Rory Treharne	Garscube Harriers			

Lindsays National Short Course Cross Country Championships
Entry Lists

No.	Name	Club
206	Veronique Oldham (V50)	Aberdeen AAC
214	Carolyn Cameron	Aberdeen AAC
215	Hannah Cameron	Aberdeen AAC
216	Becky Cheyne	Aberdeen AAC
217	Emma Jenkins	Aberdeen AAC
459	Abby Farquhar (U20)	Aberdeen AAC
460	Erin Hendry (U20)	Aberdeen AAC
218	Anna Hedley	Aldershot & Farnham DDT
219	Vikki Stewart (V40)	Ayr Seaforth AC
220	Rosa Donaldson	Bellahouston Harriers
221	Kristina Glynn	Bellahouston Harriers
222	Katherine Hylands	Bellahouston Harriers
223	Lauren Mackay (V40)	Bellahouston Harriers
224	Mhairi Mactier	Bellahouston Harriers
225	Emily Renfrew	Bellahouston Harriers
226	Laura Ritchie (V40)	Bellahouston Harriers
227	Lisa Robertson	Bellahouston Harriers
228	Melanie Ronald (V50)	Bellahouston Harriers
229	Stephanie Rudd (V50)	Bellahouston Harriers
230	Li Wang (V60)	Bellahouston Harriers
232	Marianne Wilson (V40)	Bellahouston Harriers
231	Cara Thom	Bellahouston RR
233	Laura Wilkinson (V40)	Bellahouston RR
234	Alison Brown (V60)	Bellahouston RR
236	Jennifer Conway	Bellahouston RR
238	Flora Henry	Bellahouston RR
240	Alice Howe	Bellahouston RR
242	Sophie Jenkins	Bellahouston RR
244	Kezia Kinder	Bellahouston RR
246	Kirsty Macfarlane	Bellahouston RR
248	Leanne McIntosh (V40)	Bellahouston RR
235	Lorraine Buchanan (V40)	Calderglen Harriers
237	Hannah Addison	Cambuslang Harriers
239	Catriona Bain	Cambuslang Harriers
241	Nathalie Brohan (V40)	Cambuslang Harriers
243	Marie Kane	Cambuslang Harriers
245	Eve MacKinnon	Cambuslang Harriers
247	Kirsty Mann	Cambuslang Harriers
249	Natalie McWilliams	Cambuslang Harriers
250	Kirsty O'Brien (V40)	Cambuslang Harriers
251	Bernadette Oneil (V50)	Cambuslang Harriers
252	Zoe Pflug	Cambuslang Harriers
253	Rachel Wardrope	Cambuslang Harriers
254	Kirsty Wright	Cambuslang Harriers
255	Jane Anderson (V50)	Carnegie Harriers
256	Gail Beveridge (V60)	Carnegie Harriers
257	Charlotte Briggs	Carnegie Harriers
258	Kathryn Fairfield (V40)	Carnegie Harriers
259	Karen Forsyth (V40)	Carnegie Harriers
260	Joy Gudgin (V60)	Carnegie Harriers
261	Shelley Hogg (V40)	Carnegie Harriers
262	Karen Hunter (V50)	Carnegie Harriers
263	Nicole Jackson	Carnegie Harriers
264	Shelby Lynch	Carnegie Harriers
265	Sarah Marshall (V40)	Carnegie Harriers
266	Kath McCrorie (V50)	Carnegie Harriers
267	Alison Murray (V40)	Carnegie Harriers
268	Angie Parkin (V50)	Carnegie Harriers
269	Lesley Reynolds (V50)	Carnegie Harriers
270	Susan Walker (V60)	Carnegie Harriers
271	Jessica Ensoll	Carnethy Hill Racing Club
272	Grace Pow	Carnethy Hill Racing Club

No.	Name	Club
273	Laurie Douglas	Central AC
274	Jayne Emery	Central AC
275	Kyra Gibb	Central AC
276	Ami Holtby-Wall	Central AC
277	Amy Kirkpatrick	Central AC
278	Morag Millar	Central AC
279	Rebecca Osborn (V50)	Central AC
280	Claire Thompson (V40)	Central AC
281	Grace Whelan	Central AC
461	Amy Gough (U20)	Central AC
462	Robyn Abbie Mckerracher (U20)	Central AC
463	Tuscany Wright (U20)	Central AC
282	Sophie Collins	Corstorphine AAC
283	Fiona Davies	Corstorphine AAC
284	Kirsty Macaulay	Corstorphine AAC
285	Kirstin Maxwell	Corstorphine AAC
286	Kara McKenzie-Tait	Corstorphine AAC
464	Charlotte MacPhie (U20)	Corstorphine AAC
287	Carla Mclellan	Cumbernauld AAC
288	Alicia Paton	Cumbernauld AAC
289	India Arian	Dundee Hawkhill Harriers
290	Shania King	Dundee Hawkhill Harriers
291	Rhonda Manning (V50)	Dundee Hawkhill Harriers
292	Sandy McDougall (V40)	Dundee Hawkhill Harriers
293	Fiona Callaghan	Dundee Road Runners
294	Fiona Canavan	Dundee Road Runners
295	Mairi Littleton	Dundee Road Runners
296	Alison McNeilly (V40)	Dundee Road Runners
297	Kelly Baillie (V40)	East Kilbride AC
298	Vivien Thorpe (V40)	East Kilbride AC
465	Aimee Anderson (U20)	East Kilbride AC
466	Amy Andrew (U20)	East Kilbride AC
1	Beth Ansell	Edinburgh AC
2	Victoria Barthelmess	Edinburgh AC
3	Pippa Carcas	Edinburgh AC
4	Hannah Cox	Edinburgh AC
5	Elaine Davies (V50)	Edinburgh AC
6	Karen Dobbie (V50)	Edinburgh AC
7	Janet Dunbar (V50)	Edinburgh AC
8	Anne Duncan (V60)	Edinburgh AC
9	Isobel Joiner (V40)	Edinburgh AC
10	Priy K	Edinburgh AC
11	Hazel MacCormick (V40)	Edinburgh AC
12	Jennifer MacLean (V50)	Edinburgh AC
13	Lizzie Mason (V40)	Edinburgh AC
14	Lucy Naga	Edinburgh AC
15	Elsa Palmer	Edinburgh AC
16	Sarah Paterson	Edinburgh AC
17	Rose Penfold	Edinburgh AC
18	Merce Sanchez Oller	Edinburgh AC
19	Nancy Scott	Edinburgh AC
20	Amy Vincent	Edinburgh AC
21	Kirsty Walker	Edinburgh AC
22	Hannah Waugh (V40)	Edinburgh AC
23	Julie Wilson (V50)	Edinburgh AC
24	Amanda Woodrow	Edinburgh AC
25	Margot Wyrwoll	Edinburgh AC
467	Anna Cruden (U20)	Edinburgh AC
468	Christina Edgar (U20)	Edinburgh AC
469	Anise Macaulay Orr (U20)	Edinburgh AC
470	Orlaith Shepherd (U20)	Edinburgh AC

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No.	Name	Club	No.	Name	Club
26	Aimee Callow	Edinburgh Univ Hare and Hounds	65	Lesley Bell (V40)	Garscube Harriers
27	Sarah Calvert	Edinburgh Univ Hare and Hounds	66	Amanda Connelly (V40)	Garscube Harriers
28	Charlotte Clare	Edinburgh Univ Hare and Hounds	67	Laura Espada Castro (V40)	Garscube Harriers
29	Kate Gray	Edinburgh Univ Hare and Hounds	68	Anais Farges	Garscube Harriers
30	Georgia Ledingham	Edinburgh Univ Hare and Hounds	69	Laura Gray (V40)	Garscube Harriers
31	Anya Maclean	Edinburgh Univ Hare and Hounds	70	Lyndsay Kerrigan	Garscube Harriers
32	Amelie Marshall	Edinburgh Univ Hare and Hounds	71	Martha Lovatt (V40)	Garscube Harriers
33	Caitlin Purcell	Edinburgh Univ Hare and Hounds	72	Christina Nicolson	Garscube Harriers
34	Kirsty Purcell	Edinburgh Univ Hare and Hounds	73	Catriona Padmanabhan (V50)	Garscube Harriers
35	Ellyn Smith	Edinburgh Univ Hare and Hounds	74	Mary Senior (V50)	Garscube Harriers
36	Grace Tindall	Edinburgh Univ Hare and Hounds	75	Emily Tomasso (V40)	Garscube Harriers
37	Eve Young	Edinburgh Univ Hare and Hounds	76	Katie White (V40)	Garscube Harriers
401	Kolbrun Aspelund (U20)	Edinburgh Univ Hare and Hounds	77	Ann White (V70)	Garscube Harriers
402	Zennor Coombs (U20)	Edinburgh Univ Hare and Hounds	418	Orla Stewart (U20)	Garscube Harriers
403	Katy Donnelly (U20)	Edinburgh Univ Hare and Hounds	78	Catriona Bark (V40)	Giffnock North AC
404	Esme Dougall (U20)	Edinburgh Univ Hare and Hounds	79	Angela Carson (V50)	Giffnock North AC
405	Ceri Griffiths (U20)	Edinburgh Univ Hare and Hounds	80	Hilary Carswell (V50)	Giffnock North AC
406	Caitlyn Heggie (U20)	Edinburgh Univ Hare and Hounds	81	Emma Creasey	Giffnock North AC
407	Iona Stroma Hubbard (U20)	Edinburgh Univ Hare and Hounds	82	Yvonne McNairn (V40)	Giffnock North AC
408	Catriona Kane (U20)	Edinburgh Univ Hare and Hounds	83	Rhona Mowat	Giffnock North AC
409	Maya Millar (U20)	Edinburgh Univ Hare and Hounds	419	Saoirse McNulty (U20)	Giffnock North AC
410	Heidi Robertshaw (U20)	Edinburgh Univ Hare and Hounds	420	Ella Youngs (U20)	Giffnock North AC
411	Scarlett Roy (U20)	Edinburgh Univ Hare and Hounds	84	Eli Edita Lileikyte	Glasgow FrontRunners
38	Monica Anderson (V50)	Falkirk Victoria Harriers	85	Zoe Charters	Glasgow University Hares and Hounds
39	Niamh Brown	Falkirk Victoria Harriers	86	Anna Dalglish	Glasgow University Hares and Hounds
40	Helena Gribben (V50)	Falkirk Victoria Harriers	87	Tara Tallulah Garioch	Glasgow University Hares and Hounds
41	Fiona Matheson (V60)	Falkirk Victoria Harriers	88	Flora Henry	Glasgow University Hares and Hounds
42	Karen McAllister (V60)	Falkirk Victoria Harriers	89	Laura Diana Jedrusiak	Glasgow University Hares and Hounds
43	Janet Murray (V40)	Falkirk Victoria Harriers	90	Louise McGrath	Glasgow University Hares and Hounds
412	Katie Bennie (U20)	Falkirk Victoria Harriers	91	Emily McNicol	Glasgow University Hares and Hounds
413	Katie Christie (U20)	Falkirk Victoria Harriers	92	Rachel Muir	Glasgow University Hares and Hounds
414	Charlotte Horne (U20)	Falkirk Victoria Harriers	93	Iara Nave Calton	Glasgow University Hares and Hounds
44	Innes Bracegirdle (V60)	Fife AC	94	Mia Padmanabhan	Glasgow University Hares and Hounds
45	Louise Burt (V60)	Fife AC	421	Aliya Brear (U20)	Glasgow University Hares and Hounds
46	Megan Crawford	Fife AC	422	Amy Crawford (U20)	Glasgow University Hares and Hounds
47	Ailsa Cruickshanks	Fife AC	423	Sadie Croasdale (U20)	Glasgow University Hares and Hounds
48	Janet Dickson (V50)	Fife AC	424	Lucy Everett (U20)	Glasgow University Hares and Hounds
49	Heather Finlayson (V50)	Fife AC	425	Freya Griffiths (U20)	Glasgow University Hares and Hounds
50	Kerry Gibson	Fife AC	426	Sasha I'Anson (U20)	Glasgow University Hares and Hounds
51	Laura Gibson	Fife AC	427	Ruby McGill (U20)	Glasgow University Hares and Hounds
52	Michelle Johnstone (V40)	Fife AC	428	Kiara Meiklejohn (U20)	Glasgow University Hares and Hounds
53	Margaret Martin (V60)	Fife AC	429	Ella Nicholson (U20)	Glasgow University Hares and Hounds
54	Laura Muir (V40)	Fife AC	430	Valencia Wright (U20)	Glasgow University Hares and Hounds
55	Karen Richards (V50)	Fife AC	95	Jill Aikman (V50)	Greenock Glenpark Harriers
56	Hilary Ritchie (V60)	Fife AC	96	Lynne Harrison (V50)	Greenock Glenpark Harriers
57	Jenny Selman	Fife AC	97	Charlotte McKay (V70)	Greenock Glenpark Harriers
58	Annabel Simpson	Fife AC	98	June Anne McKnight (V50)	Greenock Glenpark Harriers
59	Alison Sutherland (V40)	Fife AC	99	Jennifer Rooney	Greenock Glenpark Harriers
415	Holly Ovens (U20)	Fife AC	100	Alison Smart (V60)	Greenock Glenpark Harriers
416	Katie Sandilands (U20)	Fife AC	431	Evie Harrison (U20)	Greenock Glenpark Harriers
60	Lisa Dalglish (V50)	Gala Harriers	101	Jocelyn Lofthouse (V50)	Harmony AC
61	Julia Johnstone (V50)	Gala Harriers	102	Susan Ross (V50)	Harmony AC
62	Gillian Lunn (V50)	Gala Harriers	103	Elaine Walker (V40)	Harmony AC
63	Eileen Maxwell (V60)	Gala Harriers	104	Claire Heasman (V50)	Helensburgh AAC
64	Katie Rourke	Gala Harriers	432	Yoana Bogdanova (U20)	Heriot-Watt Univ AC
417	Isla Paterson (U20)	Gala Harriers			

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No.	Name	Club	No.	Name	Club
105	Joanna Brown (V40)	Hunters Bog Trotters	155	Katie Archibald	Musselburgh and District AC
106	Jennifer Dunn	Hunters Bog Trotters	156	Suzanne Beattie (V50)	Musselburgh and District AC
107	Morag McClelland (V40)	Hunters Bog Trotters	157	Kat Brack	Musselburgh and District AC
108	Vicki White (V40)	Hunters Bog Trotters	158	Laura McCulloch (V40)	Musselburgh and District AC
109	Kay Greg	Inverclyde AC	159	Sarah Nicholson (V50)	Musselburgh and District AC
110	Abi Hammerman	Inverclyde AC	160	Susan Bothwell (V60)	Perth RR
111	Nynke Mulholland-Stummer	Inverclyde AC	161	Caitlin Ripley	Perth RR
112	Meredith Reid	Inverclyde AC	162	Fabienne Thompson (V50)	Perth RR
113	Maisie Watson	Inverclyde AC	163	Tracy Wilkinson begg (V50)	Perth RR
433	Millie McClelland-Brooks (U20)	Inverclyde AC	443	Lucy Ward (U20)	Perth Strathclyde Harriers
434	Orla McGeehan (U20)	Inverclyde AC	164	Barbara Anne Needs (V40)	Peterhead AC
435	Hannah Ryding (U20)	Inverclyde AC	165	Clare Graham (V50)	PH Racing Club
114	Libby Sutherland	Kilbarchan AAC	166	Kristin Lownie (V40)	PH Racing Club
115	Eilidh Ballantyne	Kilmarnock H&AC	167	Julie Menzies (V50)	PH Racing Club
436	Mhairi Ballantyne (U20)	Kilmarnock H&AC	168	Gillian Wallace (V40)	PH Racing Club
437	Izzy Caufield (U20)	Kilmarnock H&AC	169	Mary Western (V60)	PH Racing Club
116	Christine Myerscough (V60)	Kinross RR	170	Morna Fleming (V70)	Pitreavie AAC
117	Elisabeth Zhelyazkov	Kinross RR	171	Melanie Sinclair (V50)	Pitreavie AAC
118	Catriona Cameron	Kirkintilloch Olympians	172	Diane Stewart	Pitreavie AAC
119	Elaine Hogg (V50)	Kirkintilloch Olympians	173	Karyn Stewart	Pitreavie AAC
120	Shirley MacNab (V60)	Kirkintilloch Olympians	444	Ariane Baillie (U20)	Pitreavie AAC
121	Marina McCallum (V50)	Kirkintilloch Olympians	174	Verity Hill (V50)	Portobello RC
122	Kayla McCandlish	Kirkintilloch Olympians	175	Sarah McAdam (V40)	Portobello RC
123	Marie McChord (V60)	Kirkintilloch Olympians	176	Emma Baird	Shettleston Harriers
124	Anne Marie McGregor (V50)	Kirkintilloch Olympians	177	Aoife Carr	Shettleston Harriers
125	Moirra Paterson (V50)	Kirkintilloch Olympians	178	Emily Carroll	Shettleston Harriers
126	Ada Stewart (V60)	Kirkintilloch Olympians	179	Mhairi Donaldson (V40)	Shettleston Harriers
127	Heather Wood (V40)	Kirkintilloch Olympians	180	Hannah Gilchrist	Shettleston Harriers
128	Kate Kitchin (V40)	Lasswade AC	181	Amy MacLellan	Shettleston Harriers
438	Olivia Meikle (U20)	Lasswade AC	182	Avril Mason (V50)	Shettleston Harriers
129	Jennifer Beattie (V40)	Law & District AAC	183	Charlene McCallum	Shettleston Harriers
130	Elaine Boyle (V40)	Law & District AAC	184	Charlotte McKenna	Shettleston Harriers
131	Lesley Graham (V40)	Law & District AAC	185	Lynn McKenna	Shettleston Harriers
132	Shiona McClafferty	Law & District AAC	186	Carly Monaghan	Shettleston Harriers
133	Christine Neill	Law & District AAC	187	Victoria Riddell	Shettleston Harriers
439	Neve Elliott (U20)	Law & District AAC	188	Hannah Terrance	Shettleston Harriers
440	Jessica Inglis (U20)	Law & District AAC	189	Tara Walker	Shettleston Harriers
134	Jill Horsburgh (V60)	Linlithgow AC	190	Catriona Gillen	Springburn Harriers
135	Saran Jones (V60)	Linlithgow AC	191	Josie-Wren Golder	Stirling University AC
136	Christine Mulholland (V50)	Linlithgow AC	192	Katie Higgins	Stirling University AC
137	Roisin Murray (V40)	Linlithgow AC	193	Emma Livingstone	Stirling University AC
138	Lana O'Hara (V40)	Linlithgow AC	445	Leah Brown (U20)	Stirling University AC
139	Denise Tracey (V60)	Linlithgow AC	446	Anna Calder (U20)	Stirling University AC
140	Frances Wood (V60)	Linlithgow AC	447	Olivia Clarke (U20)	Stirling University AC
141	Avril Pearson (V50)	Livingston AC	448	Catriona Cummins (U20)	Stirling University AC
441	Imogen Marshall (U20)	Livingston AC	449	Lydia Louw (U20)	Stirling University AC
442	Amy Todd (U20)	Livingston AC	450	Zoe Macdonald (U20)	Stirling University AC
142	Liz Bondi (V60)	Lothian RC	451	Millie O'Neill (U20)	Stirling University AC
143	Andrea Cameron (V40)	Lothian RC	452	Eily Sinclair (U20)	Stirling University AC
144	Kirsty Gray (V40)	Lothian RC	194	Ellen Astley	Strathclyde Univ Harriers
145	Maria Hildersley (V60)	Lothian RC	195	Roisin Cameron Coyle	Strathclyde Univ Harriers
146	Judith Thomson (V50)	Lothian RC	196	Grace Campbell	Strathclyde Univ Harriers
147	Harriet Arnott (V40)	Metro Aberdeen RC	453	Charlotte Narducci (U20)	Strathclyde Univ Harriers
148	Hannah Davidson	Metro Aberdeen RC	454	Beth Trainer (U20)	Strathclyde Univ Harriers
149	Chloe Gray	Metro Aberdeen RC	197	Morag Michie (V40)	Teviotdale Harriers
150	Robyn Pinder	Metro Aberdeen RC	455	Isla Bryson (U20)	Teviotdale Harriers
151	Katja Blunden (V40)	Moray RR	198	Hanna Andrejczuk	University of St. Andrews CC
152	Emma Knox	Motherwell AC	199	Cali Brannan	University of St. Andrews CC
153	Emma Morris	Motherwell AC	456	Usha Hollema (U20)	University of St. Andrews CC
154	Emma Smith	Motherwell AC	457	Ellie Tinsky (U20)	University of St. Andrews CC

No.	Name	Club	No.	Name	Club
200	Gillian Black	VP-Glasgow AC			
201	Amy Bristow	VP-Glasgow AC			
202	Becky Dunphy	VP-Glasgow AC			
203	Emma Gilmour	VP-Glasgow AC			
204	Suzanne Gilmour (V50)	VP-Glasgow AC			
205	Mhairi Hendry	VP-Glasgow AC			
207	Lorne Kerr	VP-Glasgow AC			
208	Philippa Millage (V40)	VP-Glasgow AC			
209	Malwina Ollik	VP-Glasgow AC			
458	Arianna Carmichael (U20)	VP-Glasgow AC			
210	Hannah Mearns	West End RR			
211	Ray Musleh (V40)	West End RR			
212	Karen Patel (V50)	West End RR			
213	Rhona Proctor (V40)	West End RR			

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No.	Name	Club	No.	Name	Club
446	Max Abernethy	Aberdeen AAC	486	Tom Adams	Cambuslang Harriers
447	Adam Brown	Aberdeen AAC	487	Chris Campbell (V40)	Cambuslang Harriers
448	Andrew Casey	Aberdeen AAC	488	Justin Carter (V50)	Cambuslang Harriers
449	Angus Kerr	Aberdeen AAC	489	Keir Crawford	Cambuslang Harriers
450	Sandy Laing	Aberdeen AAC	490	Iain Crawford (V50)	Cambuslang Harriers
451	Eoghan MacNamara	Aberdeen AAC	491	Des Dickson (V60)	Cambuslang Harriers
452	Steven Murray	Aberdeen AAC	492	Kevin Farmer	Cambuslang Harriers
453	Ben Nelson	Aberdeen AAC	493	Colin Feechan (V60)	Cambuslang Harriers
454	Mohamed Warsame	Aberdeen AAC	494	Mark Gallacher (V50)	Cambuslang Harriers
663	Cameron Macmillan (U20)	Aberdeen AAC	495	Stuart Gibson (V40)	Cambuslang Harriers
664	Caleb McGuire (U20)	Aberdeen AAC	496	Ian Hodge (V40)	Cambuslang Harriers
665	Thomas Reynolds (U20)	Aberdeen AAC	497	Frank Hurley (V70)	Cambuslang Harriers
455	Matthew Hill	Airdrie Harriers	498	Stephen Leonard (V50)	Cambuslang Harriers
456	Steven Phillips (V40)	Airdrie Harriers	499	Jamie MacKinnon	Cambuslang Harriers
457	Brian Thomson	Airdrie Harriers	500	Callum Matthews	Cambuslang Harriers
458	Joseph Burns (V50)	Ayr Seaforth AC	501	Andrew McGill	Cambuslang Harriers
459	Peter Maclean (V50)	Ayr Seaforth AC	502	Rory Muir	Cambuslang Harriers
460	Kenneth Neill (V40)	Ayr Seaforth AC	503	Ross Noble	Cambuslang Harriers
461	Fraser Armstrong	Bellahouston Harriers	504	Michael O'Hagan (V50)	Cambuslang Harriers
462	Brent Brodie (V50)	Bellahouston Harriers	505	Chris Paton (V50)	Cambuslang Harriers
463	Matthew Brown	Bellahouston Harriers	506	Iain Reid (V40)	Cambuslang Harriers
464	Paul Clawson (V40)	Bellahouston Harriers	507	Callum Tharme	Cambuslang Harriers
465	Kevin Craig	Bellahouston Harriers	508	David Thom (V60)	Cambuslang Harriers
466	Calum Ferguson	Bellahouston Harriers	509	Iain Wallace (V50)	Cambuslang Harriers
467	David Gemmell (V40)	Bellahouston Harriers	510	Callum Wright	Cambuslang Harriers
468	Jack Heathwood	Bellahouston Harriers	666	Joel MacInnes (U20)	Cambuslang Harriers
469	Donald MacLaren (V40)	Bellahouston Harriers	667	Finlay Robb (U20)	Cambuslang Harriers
470	James McLaughlin (V50)	Bellahouston Harriers	668	Lewis Roddis (U20)	Cambuslang Harriers
471	Stuart Miller	Bellahouston Harriers	511	George Costello (V60)	Carnegie Harriers
472	Matthew O'Connor	Bellahouston Harriers	512	Barry Davie (V40)	Carnegie Harriers
473	Kenneth Scott (V40)	Bellahouston Harriers	513	Jamie Eccles	Carnegie Harriers
474	Lee Shaw	Bellahouston Harriers	514	Kenny Fairfield (V50)	Carnegie Harriers
475	Kevin Smith (V60)	Bellahouston Harriers	515	John Fulham (V50)	Carnegie Harriers
476	Calum Borthwick	Bellahouston RR	516	Lee Holland (V50)	Carnegie Harriers
477	Jethro Browell	Bellahouston RR	517	Ross Hunter	Carnegie Harriers
478	Richard Evans (V40)	Bellahouston RR	518	Derek Hunter (V50)	Carnegie Harriers
479	Stuart Laurence	Bellahouston RR	519	John Hynd (V60)	Carnegie Harriers
480	Gary McIntosh (V40)	Bellahouston RR	520	Nils Krichel	Carnegie Harriers
481	Thomas Thorne (V40)	Bellahouston RR	521	Phil Smithard (V70)	Carnegie Harriers
482	Andrew Buchanan (V40)	Calderglen Harriers	522	Kevin Spowart (V40)	Carnegie Harriers
483	Russell Couper (V50)	Calderglen Harriers	523	David Bunn	Carnethy Hill Racing Club
484	Alan Derrick (V50)	Calderglen Harriers	524	Jamie Goodge	Carnethy Hill Racing Club
485	Kenny Leinster (V60)	Calderglen Harriers	525	Finn Lydon	Carnethy Hill Racing Club
			526	Eddie Narbett	Carnethy Hill Racing Club
			527	Finlay Todd	Carnethy Hill Racing Club

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No.	Name	Club	No.	Name	Club
1	Euan Andrews	Central AC	58	Andrew Anderson (V60)	Dunbar AC
2	Gordon Appelbe (V40)	Central AC	59	Gordon Barrie (V50)	Dundee Hawkhill Harriers
3	Craig Baillie	Central AC	60	James Donald	Dundee Hawkhill Harriers
4	Scott Brember (V50)	Central AC	61	Ryan Donald	Dundee Hawkhill Harriers
5	Hugh Buchanan (V60)	Central AC	62	Donald Gavine	Dundee Hawkhill Harriers
6	Dale Colley	Central AC	63	Fraser Kelly	Dundee Hawkhill Harriers
7	Jamie Crowe	Central AC	64	Ben MacDermid	Dundee Hawkhill Harriers
8	Tony Disley (V50)	Central AC	65	Callum McCormack	Dundee Hawkhill Harriers
9	David Eckersley (V60)	Central AC	66	Lee Parker	Dundee Hawkhill Harriers
10	Luca Fanottoli	Central AC	67	Munro Stewart	Dundee Hawkhill Harriers
11	Christopher Fullerton	Central AC	68	Raymond Tully (V50)	Dundee Hawkhill Harriers
12	Hamish Hickey	Central AC	69	Alexander Vassallo	Dundee Hawkhill Harriers
13	Kenneth Hislop (V40)	Central AC	675	Warren Lorente (U20)	Dundee Hawkhill Harriers
14	Andrew Irvine	Central AC	70	David Aitken (V50)	Dundee Road Runners
15	Alastair Marshall	Central AC	71	Russell Craig (V50)	Dundee Road Runners
16	Lewis McComb	Central AC	72	Duncan Edward (V40)	Dundee Road Runners
17	Cameron Milne	Central AC	73	Keith Gelly (V50)	Dundee Road Runners
18	Calum Phillip	Central AC	74	John Mill (V60)	Dundee Road Runners
19	Kieran Reilly	Central AC	75	Martin Rollo (V50)	Dundee Road Runners
20	Donald Shaw (V50)	Central AC	676	David Cuthbert (U20)	Dunfermline Track and Field AC
21	Gerard Taylor (V50)	Central AC	76	Grant Baillie (V40)	East Kilbride AC
22	Aidan Thompson	Central AC	77	Alan Baxter (V40)	East Kilbride AC
23	Josh Wood	Central AC	78	Michael Carlin (V40)	East Kilbride AC
669	Logan Beagley (U20)	Central AC	79	Keith Charters (V50)	East Kilbride AC
670	Connor Bell (U20)	Central AC	80	Jamie Clements	East Kilbride AC
671	Alex Dunlop (U20)	Central AC	81	Gordon Colvin (V60)	East Kilbride AC
672	Aaron Middleton (U20)	Central AC	82	John Edwards (V40)	East Kilbride AC
24	Michael Diver (V50)	Clydesdale Harriers	83	John Fergusson	East Kilbride AC
25	Tony Dolan	Clydesdale Harriers	84	Andrew Forteath (V40)	East Kilbride AC
26	Michael Miller	Clydesdale Harriers	85	Colin Frew (V40)	East Kilbride AC
27	Iain Robertson (V40)	Clydesdale Harriers	86	David Gorman	East Kilbride AC
673	Daniel Docherty (U20)	Clydesdale Harriers	87	Graeme Haddow (V60)	East Kilbride AC
28	Moray Anderson (V40)	Corstorphine AAC	88	Patrick Mochan	East Kilbride AC
29	David Arnott (V50)	Corstorphine AAC	89	Arthur Mulholland (V60)	East Kilbride AC
30	Julian Barrable	Corstorphine AAC	90	David Ross (V40)	East Kilbride AC
31	Alastair Brockie (V40)	Corstorphine AAC	91	David Thomson	East Kilbride AC
32	William Crossman	Corstorphine AAC	92	Christopher Watters (V50)	East Kilbride AC
33	Dermot Cummins (V40)	Corstorphine AAC	677	Sam Hosie (U20)	East Kilbride AC
34	Alan Cunningham (V50)	Corstorphine AAC	678	Jonathan Hunter (U20)	East Kilbride AC
35	Jack Eykelbosch	Corstorphine AAC	679	Aaron Thomson (U20)	East Kilbride AC
36	Andrew Ferguson	Corstorphine AAC			
37	Ritchie Gardiner	Corstorphine AAC			
38	Telfer Gray	Corstorphine AAC			
39	Callum Hunter	Corstorphine AAC			
40	Iain Hutchinson (V40)	Corstorphine AAC			
41	Malcolm Lang (V40)	Corstorphine AAC			
42	Donald Macaulay (V40)	Corstorphine AAC			
43	Calum McKenzie	Corstorphine AAC			
44	Andy Nichol (V50)	Corstorphine AAC			
45	Scott Pilkington	Corstorphine AAC			
46	Angus Smith	Corstorphine AAC			
47	Fraser Smith	Corstorphine AAC			
48	Colin Soppitt	Corstorphine AAC			
49	Fearghas Thomson	Corstorphine AAC			
50	Jan-Bert Van Den Berg (V60)	Corstorphine AAC			
51	Martin Williams (V50)	Corstorphine AAC			
52	Callum Ballantyne	Cumbernauld AAC			
53	Ben Doris	Cumbernauld AAC			
54	Walter Henderson (V50)	Cumbernauld AAC			
55	Ross McEachern (V50)	Cumbernauld AAC			
674	Grant McEachern (U20)	Cumbernauld AAC			
56	Joshua Farrell	Dumbarton AAC			
57	William Goldie (V60)	Dumbarton AAC			

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No.	Name	Club	No.	Name	Club
93	David Andrew	Edinburgh AC	132	Peter Bradshaw	Edinburgh Univ Hare and Hounds
94	Myles Bax	Edinburgh AC	133	Lucas Cairns	Edinburgh Univ Hare and Hounds
95	Pierre-Alain Bouffandeau	Edinburgh AC	134	Freddie Fearn	Edinburgh Univ Hare and Hounds
96	Nathan Brown	Edinburgh AC	135	Harry Henriksen	Edinburgh Univ Hare and Hounds
97	Peter Cameron	Edinburgh AC	136	Matthew Knowles	Edinburgh Univ Hare and Hounds
98	Richard Clark (V40)	Edinburgh AC	137	Jamie Liversidge	Edinburgh Univ Hare and Hounds
99	Dave Clements (V50)	Edinburgh AC	138	Huw Riley	Edinburgh Univ Hare and Hounds
100	Gavin Cooney	Edinburgh AC	139	Finlay Ross-Davie	Edinburgh Univ Hare and Hounds
101	Jack Coy	Edinburgh AC	140	Blayne Wright	Edinburgh Univ Hare and Hounds
102	Iain Craven (V40)	Edinburgh AC	601	Cameron Anderson (U20)	Edinburgh Univ Hare and Hounds
103	Christopher Creegan (V60)	Edinburgh AC	602	Ewan Dowd (U20)	Edinburgh Univ Hare and Hounds
104	Linn Denholm (V50)	Edinburgh AC	603	Zico Field (U20)	Edinburgh Univ Hare and Hounds
105	Aaron Devereaux (V50)	Edinburgh AC	604	Ewan Foubister (U20)	Edinburgh Univ Hare and Hounds
106	Ewan Egan	Edinburgh AC	605	Ethan Lorimer (U20)	Edinburgh Univ Hare and Hounds
107	Dougie Gowan (V60)	Edinburgh AC	606	Wyatt Moore (U20)	Edinburgh Univ Hare and Hounds
108	Kevin Hamilton	Edinburgh AC	607	Finlay Ross (U20)	Edinburgh Univ Hare and Hounds
109	John Hancock	Edinburgh AC	608	Neil Sillence (U20)	Edinburgh Univ Hare and Hounds
110	Tim Hely (V50)	Edinburgh AC	609	Jamie Smith (U20)	Edinburgh Univ Hare and Hounds
111	Jonathan Henderson (V40)	Edinburgh AC	610	Theo Webb (U20)	Edinburgh Univ Hare and Hounds
112	Noah Howlett	Edinburgh AC	611	Angus Wright (U20)	Edinburgh Univ Hare and Hounds
113	Pierre-Yves Koenig	Edinburgh AC	141	Scott Burton	Falkirk Victoria Harriers
114	Andrew Latham (V50)	Edinburgh AC	142	Ewan Calder	Falkirk Victoria Harriers
115	Samuel Leitch	Edinburgh AC	143	Derek Esson (V60)	Falkirk Victoria Harriers
116	John Lenehan	Edinburgh AC	144	Malcolm Finlayson (V50)	Falkirk Victoria Harriers
117	Mark MacDermot	Edinburgh AC	145	Calum Little	Falkirk Victoria Harriers
118	Scott Macleod	Edinburgh AC	146	Graeme MacGregor	Falkirk Victoria Harriers
119	Roy Mitchell (V50)	Edinburgh AC	147	Euan Martin	Falkirk Victoria Harriers
120	Declan Murray	Edinburgh AC	148	Gary McKenna (V40)	Falkirk Victoria Harriers
121	Abhinav Naga	Edinburgh AC	149	Michael McQuaid (V60)	Falkirk Victoria Harriers
122	Lewis Orr (V50)	Edinburgh AC	150	Scott Stirling	Falkirk Victoria Harriers
123	Malcolm Parry (V50)	Edinburgh AC	612	Gregor Hunter (U20)	Falkirk Victoria Harriers
124	Gavin Phillip (V50)	Edinburgh AC			
125	Darrin Pryde	Edinburgh AC			
126	Gordon Pryde (V40)	Edinburgh AC			
127	Daniel Rivera (V50)	Edinburgh AC			
128	Terry Roberts (V40)	Edinburgh AC			
129	Eric Stevenson (V70)	Edinburgh AC			
130	Karel Vesely	Edinburgh AC			
131	Iain Whitaker (V40)	Edinburgh AC			
680	Patrick Barnes (U20)	Edinburgh AC			
681	William Clayton (U20)	Edinburgh AC			
682	Dima Graham (U20)	Edinburgh AC			

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No.	Name	Club	No.	Name	Club
151	Bryce Aitken (V60)	Fife AC	199	Euan Convery	Garscube Harriers
152	Simon Anetts	Fife AC	200	John Coyle (V50)	Garscube Harriers
153	Glenn Barclay	Fife AC	201	Andy Downey (V50)	Garscube Harriers
154	Sandy Bell (V50)	Fife AC	202	Stuart Irvine (V70)	Garscube Harriers
155	Keith Bonthronne (V60)	Fife AC	203	Graeme Little (V50)	Garscube Harriers
156	Steven Bryce	Fife AC	204	Gordon MacKay (V40)	Garscube Harriers
157	Ryan Campbell-Hodge	Fife AC	205	James MacLeod (V40)	Garscube Harriers
158	Ryan Dunning (V40)	Fife AC	206	Kenneth MacMahon (V50)	Garscube Harriers
159	Sam Fernando	Fife AC	207	Duncan McKellar (V40)	Garscube Harriers
160	Thomas Gambino	Fife AC	208	Robert McLennan (V60)	Garscube Harriers
161	Tom Gough	Fife AC	209	Jordan Queen	Garscube Harriers
162	Conor Gourley	Fife AC	210	James Reid	Garscube Harriers
163	Ryan Gray	Fife AC	211	Craig Smith	Garscube Harriers
164	Jamie Greig	Fife AC	212	James Wilkes	Garscube Harriers
165	Alistair Gudgin	Fife AC	213	Nicholas Boyle	Giffnock North AC
166	James Hall (V40)	Fife AC	214	Michael Cross (V40)	Giffnock North AC
167	Paul Harkins (V40)	Fife AC	215	Rob Crusher (V50)	Giffnock North AC
168	Andy Harley (V40)	Fife AC	216	Conor Drummond	Giffnock North AC
169	Liam Hutson	Fife AC	217	Ross Good	Giffnock North AC
170	Simon Jeynes (V40)	Fife AC	218	Miles Hollinshead	Giffnock North AC
171	Ben Kinninmonth	Fife AC	219	Donald Maclean	Giffnock North AC
172	John Kinninmonth (V60)	Fife AC	220	Ruairidh MacLean (V40)	Giffnock North AC
173	Jamie Lessels	Fife AC	221	Sandy Nimmo	Giffnock North AC
174	Mike MacDonald (V40)	Fife AC	222	Eoghan O'Donnell	Giffnock North AC
175	Anthony Martin (V70)	Fife AC	223	John O'Donnell (V50)	Giffnock North AC
176	Scott McClung	Fife AC	224	David Shaw (V50)	Giffnock North AC
177	Graeme McDowall (V50)	Fife AC	225	Alastair Stables	Giffnock North AC
178	John McIntyre Snr (V50)	Fife AC	226	Garry Sturgeon (V50)	Giffnock North AC
179	Logan Rees	Fife AC	227	Jamie Taggart	Giffnock North AC
180	Michael Sanderson	Fife AC	616	Calan Chong (U20)	Giffnock North AC
181	Ben Sandilands	Fife AC	617	Jamie Connor (U20)	Giffnock North AC
182	Rory Sandilands (V40)	Fife AC	618	Oliver Macdonald (U20)	Giffnock North AC
183	Graeme Syme	Fife AC	619	Alasdair Nugent (U20)	Giffnock North AC
184	Carter Taylor	Fife AC	228	Lewis Thomas	Glasgow FrontRunners
185	Andrew Thomson	Fife AC	229	Chris Watson	Glasgow FrontRunners
186	John Thomson (V60)	Fife AC	230	Stephen Addison	Glasgow University Hares and Hounds
187	Yulian Vasilev	Fife AC	231	Finn Boylan	Glasgow University Hares and Hounds
188	Kevin Wallace (V40)	Fife AC	232	Shun Wai Chan	Glasgow University Hares and Hounds
189	Lee Wilson	Fife AC	233	Harry Clark	Glasgow University Hares and Hounds
190	Greg Wilson (V40)	Fife AC	234	Simon Dalton Celis	Glasgow University Hares and Hounds
613	Luke Fleming (U20)	Fife AC	235	Hamza Daudali	Glasgow University Hares and Hounds
614	Reiss Marshall (U20)	Fife AC	236	Dan De Luca	Glasgow University Hares and Hounds
191	Tim Darlow (V40)	Gala Harriers	237	Sam Grivell	Glasgow University Hares and Hounds
192	James Dennison (V50)	Gala Harriers	238	Ieuan Harries	Glasgow University Hares and Hounds
193	Darrell Hastie (V40)	Gala Harriers	239	Dougal Harris	Glasgow University Hares and Hounds
194	Ian Maxwell (V60)	Gala Harriers	240	Maximilian MacDonald	Glasgow University Hares and Hounds
195	Francis McElroy (V40)	Gala Harriers	241	Harry McGill	Glasgow University Hares and Hounds
196	Bob Noble	Gala Harriers	242	Zak Povey	Glasgow University Hares and Hounds
197	Leahn Parry (V40)	Gala Harriers	243	Finlay Raynor	Glasgow University Hares and Hounds
615	Robbie Welsh (U20)	Gala Harriers	244	Andrew Robertson	Glasgow University Hares and Hounds
198	Gareth Haycroft	Garioch RR	245	Barnaby Sharifi	Glasgow University Hares and Hounds
			246	Andrew Speirs	Glasgow University Hares and Hounds
			620	Glen Griffiths (U20)	Glasgow University Hares and Hounds
			621	Cieron Hadfield (U20)	Glasgow University Hares and Hounds
			622	Callum Husband (U20)	Glasgow University Hares and Hounds
			623	William Lang (U20)	Glasgow University Hares and Hounds
			624	Oscar Logan (U20)	Glasgow University Hares and Hounds
			625	William MacGlashan (U20)	Glasgow University Hares and Hounds
			626	Seonaidh MacInnes (U20)	Glasgow University Hares and Hounds
			627	Luke McDowell (U20)	Glasgow University Hares and Hounds
			628	Aidan Page (U20)	Glasgow University Hares and Hounds
			629	John Poole (U20)	Glasgow University Hares and Hounds
			630	Callum Thompson (U20)	Glasgow University Hares and Hounds

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No.	Name	Club	No.	Name	Club
247	Stephen Harrison (V50)	Greenock Glenpark Harriers	293	Andrew Brown (V40)	Lasswade AC
248	Greg Luke	Greenock Glenpark Harriers	294	Gareth Fleming	Lasswade AC
249	Colin McKnight (V40)	Greenock Glenpark Harriers	636	Andrew McWilliam (U20)	Lasswade AC
250	William Taylor (V40)	Greenock Glenpark Harriers	637	Rowan Taylor (U20)	Lasswade AC
251	David Alexander (V50)	Harmeny AC	638	Innes Wright (U20)	Lasswade AC
252	Philip Holden (V40)	Harmeny AC	295	Richard Beattie (V40)	Law & District AAC
253	Fraser Holman	Harmeny AC	296	Bobby Hill	Law & District AAC
254	Kevin Kealy (V40)	Harmeny AC	297	Ross Hill	Law & District AAC
255	George Lupton (V40)	Harmeny AC	298	Finn Milligan	Law & District AAC
256	Gareth Mackie (V40)	Harmeny AC	299	Mark Milligan (V50)	Law & District AAC
257	Craig Paul (V50)	Harmeny AC	300	Jordon Morrison	Law & District AAC
631	Cameron Caves (U20)	Harmeny AC	301	Allan Neill	Law & District AAC
258	Richard O'Grady (V40)	Helensburgh AAC	302	James Scullion (V40)	Law & District AAC
632	Allan Mackenzie (U20)	Helensburgh AAC	639	Ryan Kellock (U20)	Law & District AAC
259	Stevie Cairns (V50)	Hunters Bog Trotters	640	Logan Whitton (U20)	Law & District AAC
260	Ewan Crawford	Hunters Bog Trotters	303	Zander Bohle	Linlithgow AC
261	Will Crisp	Hunters Bog Trotters	304	Innes Chalmers (V50)	Linlithgow AC
262	Michael Diver	Hunters Bog Trotters	305	Paul Hammond (V40)	Linlithgow AC
263	Richard Dougal	Hunters Bog Trotters	306	Martin Hawksey (V40)	Linlithgow AC
264	James Hinton	Hunters Bog Trotters	307	Jose Leon	Linlithgow AC
265	Huw Jones (V40)	Hunters Bog Trotters	308	Iain Murray (V40)	Linlithgow AC
266	Dave Ward (V40)	Hunters Bog Trotters	641	Kaydan Day (U20)	Livingston AC
267	Coll Williamson	Hunters Bog Trotters	642	Josh Scott (U20)	Livingston AC
268	John Bell	Inverclyde AC	643	Daniel Sutherland (U20)	Livingston AC
269	Alan Callan (V40)	Inverclyde AC	309	Fraser Ballantine (V40)	Lothian RC
270	Colin Doherty (V40)	Inverclyde AC	310	Iain Cameron (V40)	Lothian RC
271	Ross Gray	Inverclyde AC	311	George Gilhooley (V60)	Lothian RC
272	Ryan Gray	Inverclyde AC	312	Mark Gordon (V50)	Lothian RC
273	Robert Paterson (V50)	Inverclyde AC	313	Phillip Jurczyk (V70)	Lothian RC
274	Ben Potrykus	Inverclyde AC	314	Ryan Kirkland	Lothian RC
275	David Tamburini (V50)	Inverclyde AC	315	David Lunney (V60)	Lothian RC
276	Luke Davidson	Inverness Harriers AAC	316	Mick Mckeen (V50)	Lothian RC
277	Tom McWilliam (V50)	Inverness Harriers AAC	317	Harry Mulholland (V60)	Lothian RC
278	Robbie Ferguson	Kilbarchan AAC	318	Keith Mulraney (V50)	Lothian RC
633	Ryan Fitzpatrick (U20)	Kilbarchan AAC	319	Colin Partridge (V40)	Lothian RC
634	Ryan Knights (U20)	Kilbarchan AAC	320	Moray Pryde	Lothian RC
635	Josh Mckinlay (U20)	Kilbarchan AAC	321	Stewart Strath (V40)	Lothian RC
279	Jamie Nix	Kilmarnock H&AC	322	Jonathan Thomson (V50)	Lothian RC
280	Michael Atkinson (V40)	Kinross RR	323	Owen Williams	Lothian RC
281	Gavin Orr (V50)	Kinross RR	324	David Wright	Lothian RC
282	Ally Sinclair (V50)	Kinross RR	325	James Wright	Lothian RC
283	Zhivko Zhelyazkov	Kinross RR	326	Craig Anderson (V50)	Metro Aberdeen RC
284	Scott Elliott (V60)	Kirkintilloch Olympians	327	Jordan Cruickshank	Metro Aberdeen RC
285	Ruairi Ferris	Kirkintilloch Olympians	328	Matthew Dailey	Metro Aberdeen RC
286	Kyle Fleming	Kirkintilloch Olympians	329	Richard Holland (V60)	Metro Aberdeen RC
287	Andrew Kirk	Kirkintilloch Olympians	330	Jason Kelly	Metro Aberdeen RC
288	Edward McLoone (V40)	Kirkintilloch Olympians	331	Ludovic Krauss (V40)	Metro Aberdeen RC
289	Kyle Paterson	Kirkintilloch Olympians	332	Rankin Lascelles (V40)	Metro Aberdeen RC
290	Drew Paterson (V50)	Kirkintilloch Olympians	333	Matthew Maciocia (V40)	Metro Aberdeen RC
291	Kenny Robertson (V40)	Kirkintilloch Olympians	334	Lesley Morrison (V40)	Metro Aberdeen RC
292	Colin Simpson (V60)	Kirkintilloch Olympians	335	Steven James Morrison (V40)	Metro Aberdeen RC
			336	Jim Tole (V40)	Metro Aberdeen RC
			337	Mark Young	Metro Aberdeen RC
			644	Caiden Thom (U20)	Metro Aberdeen RC

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No.	Name	Club	No.	Name	Club
645	Kieran Fulton (U20)	Moorfoot Runners	390	William Bradley	Shettleston Harriers
646	Thomas Hilton (U20)	Moorfoot Runners	391	Jamie Burns	Shettleston Harriers
338	Matthew Blunden (V40)	Moray RR	392	Callum Butterworth	Shettleston Harriers
339	David Burns (V40)	Motherwell AC	393	Stephen Clark (V40)	Shettleston Harriers
340	John Burns (V60)	Motherwell AC	394	Seyd Taha Ghafari	Shettleston Harriers
341	Grant Fawcett (V50)	Motherwell AC	395	David Houston	Shettleston Harriers
342	Peter Gallagher (V50)	Motherwell AC	396	David I Houston	Shettleston Harriers
343	David Gardiner (V50)	Motherwell AC	397	Sam Lesley	Shettleston Harriers
344	Shaun Goldrick	Motherwell AC	398	Andrew Little (V60)	Shettleston Harriers
345	David Hoolaghan (V40)	Motherwell AC	399	Scott McKelvie	Shettleston Harriers
346	Jonathan Moore	Motherwell AC	400	John Oates (V60)	Shettleston Harriers
347	Robert Pattinson (V50)	Motherwell AC	401	Michael Paxton (V40)	Shettleston Harriers
348	Joey Shields (V40)	Motherwell AC	402	Denis Williams (V60)	Shettleston Harriers
349	Robert Stewart (V40)	Motherwell AC	403	James Wootton	Shettleston Harriers
350	Graeme Nicholson (V40)	Musselburgh and District AC	404	Tristen Bell	Stirling University AC
351	Paul Slifer (V50)	Musselburgh and District AC	405	Mark Carberry	Stirling University AC
352	Adam Strang	Musselburgh and District AC	406	Dylan Crawford	Stirling University AC
353	Robert Turner (V50)	Musselburgh and District AC	407	Fraser Gordon	Stirling University AC
354	Roy Tweedie	Musselburgh and District AC	408	James Grant	Stirling University AC
355	Josh Yang	Musselburgh and District AC	409	Sandy Holl	Stirling University AC
356	William Bowers	Ochil Hill Runners	410	Jonathan Marshall	Stirling University AC
357	Alan Bothwell (V60)	Perth RR	411	Ryan Martin	Stirling University AC
358	Mark Crawford (V50)	Perth RR	412	Gavin McCaffrey	Stirling University AC
359	Ronan McDonnell (V50)	Perth RR	413	Ross McKendrick	Stirling University AC
360	Kevin Riddell (V40)	Perth RR	414	Fraser Morris	Stirling University AC
361	Richard Ward (V50)	Perth RR	415	Jack Muir	Stirling University AC
647	Struan Gatherer (U20)	Perth Strathtay Harriers	416	Rhys Williams	Stirling University AC
648	Iain Jordan (U20)	Perth Strathtay Harriers	650	Christopher Black (U20)	Stirling University AC
362	Wright Beveridge (V50)	PH Racing Club	651	Patrick Cole (U20)	Stirling University AC
363	Roger Clark (V50)	PH Racing Club	652	Fraser Gilmour (U20)	Stirling University AC
364	Benjamin Hukins (V40)	PH Racing Club	653	Andrew Mckechnie (U20)	Stirling University AC
365	Paul Kieran (V40)	PH Racing Club	654	Cameron Rankine (U20)	Stirling University AC
366	Andrew Kinninmonth (V40)	PH Racing Club	655	Alastair Scott (U20)	Stirling University AC
367	Michael Lindsay (V40)	PH Racing Club	656	Mackenzie Woolard (U20)	Stirling University AC
368	Scott Love (V40)	PH Racing Club	417	Finn Allan	Strathclyde Univ Harriers
369	Graham McInnes (V40)	PH Racing Club	418	Euan Bell	Strathclyde Univ Harriers
370	Stuart Meiklejohn (V40)	PH Racing Club	419	Angus Henderson	Strathclyde Univ Harriers
371	David Morton (V40)	PH Racing Club	420	Alex Manley	Strathclyde Univ Harriers
372	Ed Norton (V70)	PH Racing Club	421	Alasdair McMonagle	Strathclyde Univ Harriers
373	Robert Sellar (V40)	PH Racing Club	422	Jack Patton	Strathclyde Univ Harriers
374	Murray Thomson (V50)	PH Racing Club	423	Tom Porter	Strathclyde Univ Harriers
375	Iain Wallace (V50)	PH Racing Club	424	Eldon Wigram	Strathclyde Univ Harriers
376	Mark Webster (V50)	PH Racing Club	657	Keir Arthur (U20)	Strathclyde Univ Harriers
377	Mark Western (V50)	PH Racing Club	658	Joshua Mirtle (U20)	Strathclyde Univ Harriers
378	Jeff Farquhar (V60)	Pitreavie AAC	659	Ben Seath (U20)	Strathclyde Univ Harriers
379	Desmond FitzGerald (V50)	Pitreavie AAC	660	Matthew Sweeney (U20)	Strathclyde Univ Harriers
380	David Henderson (V40)	Pitreavie AAC	661	Harris Pagett (U20)	Strathclyde Univ Harriers
381	Thomas Neilson (V40)	Pitreavie AAC	662	Ronnie Brown (U20)	Strathclyde Univ Harriers
382	Oscar Sanchez Garcia (V50)	Pitreavie AAC	425	Alan Coltman (V50)	Team East Lothian
383	James Squires (V40)	Pitreavie AAC	426	Thomas MacAskill	Teviotdale Harriers
384	Matt Bird	Portobello RC	427	Greg Walker (V40)	Teviotdale Harriers
385	Sean Drysdale	Portobello RC	428	Shane Semple (V40)	Unattached
386	Aidan Grisewood (V50)	Portobello RC	429	Constant Lacroix	University of St. Andrews CC
387	Graeme Stewart	Portobello RC	430	Callum Murison	University of St. Andrews CC
388	David Worrall (V40)	Portobello RC	431	David Armour (V60)	Vegan Runners UK
389	Christopher O'Grady	Red Star AC			
649	Alistair Young (U20)	Ross County AC			

No.	Name	Club	No.	Name	Club
432	Allan Cameron (V50)	VP-Glasgow AC			
433	Ruairidh Campbell	VP-Glasgow AC			
434	Peter Freer (V40)	VP-Glasgow AC			
435	Gregory Gontor	VP-Glasgow AC			
436	Graeme Laing (V40)	VP-Glasgow AC			
437	Noel Slevin	VP-Glasgow AC			
438	Stephen Brown (V40)	West End RR			
439	Allen Campbell (V50)	West End RR			
440	Paul Gooding (V40)	West End RR			
441	Greg McAlister (V40)	West End RR			
442	Paul Toland (V40)	West End RR			
443	Trevor Wayman (V60)	West End RR			
444	Drew Carr	Westerlands XCC			
445	Felton Humble (V40)	Westerlands XCC			
528	Finn Boyd	Maryhill Harriers			



